

“CYBER-SAVVY PARENT”

7 TIPS TO HELP PARENTS TALK TO THEIR KIDS ABOUT ONLINE SAFETY

1. Start early. As soon as your child(ren) starts using the computer or cell phone, it's time to talk to them about online behavior. As a parent you have the opportunity to talk to them before someone else does.
2. Keep it honest and open. Be supportive and positive. You may not know all of the answers, but being honest can go a long way. Listening keeps conversation afloat.
3. Start the conversation. Don't wait for them to start the conversation. Use everyday opportunities to talk to your kids. For example, a TV program where a teen is using a cell phone or computer. News stories on cyberbullying can open a conversation. Don't forget to talk about their experiences and your expectations.
4. Communicate your values. Be upfront, share your experiences and be clear about your values. Expressing your values helps your kids make smarter and more thoughtful decisions.
5. **BE PATIENT.** Most kids need to hear information in small doses and repeated for it to sink in. If you keep talking, your patience will pay off. Work hard to keep the conversation open even if your kid does something inappropriate online.
6. Ask for feedback. It's ok to ask questions to confirm that “you're on the same page” as your child.
7. Talk about dangerous circumstances. Don't be afraid to share the “dark side” of the internet. Point out TV news clips, newspaper and internet stories about the dangers associated with online activity. **Don't rush a conversation.**



Suite 203
240 North James Street
Newport, DE 19804
(302) 892-9210 ext. 233
rmoody@nbngroup.com

www.nbngroup.com

Our Community Support Liaison (CSL) can design support programs and presentations that fit your school, company or organizations needs. Presentations can be geared for large presentations or individual classrooms

**Call to schedule a consultation to determine if
New Behavioral Network Community
Support Programs
are right for you.**